

PROGRAMME OF EVENTS - all heat-declared

Saturday 8 May 2010

Session 1

Warm up 8.35am Start 9.00am

Event 1 Boys 400 Freestyle
Event 2 Girls 400 IM

Session 2

Warm-up 10.30am Start 11.15am

Event 3 Boys 200 Butterfly
Event 4 Girls 100 Breaststroke
Event 5 Boys 50 Back
Event 6 Girls 50 Breaststroke
Event 7 Boys 100 Backstroke
Event 8 Girls 200 IM
Event 9 Boys 200 Freestyle

Session 3

Warm up 2.00pm Start 2.45pm

Event 10 Boys 100 Freestyle
Event 11 Girls 100 Butterfly
Event 12 Boys 50 Fly
Event 13 Girls 50 Freestyle
Event 14 Boys 200 Backstroke
Event 15 Girls 200 Breaststroke

Sunday 9 May 2010

Session 4

Warm up 8.30am Start 9.00am

Event 16 Girls 400 Freestyle
Event 17 Boys 400 IM

Session 5

Warm-up 10.30am Start 11.15am

Event 18 Girls 200 Butterfly
Event 19 Boys 100 Breaststroke
Event 20 Girls 50 Back
Event 21 Boys 50 Breaststroke
Event 22 Girls 100 Backstroke
Event 23 Boys 200 IM
Event 24 Girls 200 Freestyle

Session 6

Warm up 2.00pm Start 2.45pm

Event 25 Girls 100 Freestyle
Event 26 Boys 100 Butterfly
Event 27 Girls 50 Fly
Event 28 Boys 50 Freestyle
Event 29 Girls 200 Backstroke
Event 30 Boys 200 Breaststroke