



# South West



## Coach Education Programme

### ASA / UKCC Level 1

#### Certificate for Teaching Aquatics Units 1 & 2

If you are interested in supporting the teaching programme in a learn to swim environment utilising the ASA National Plan for Teaching Swimming, this certificate is suitable for you. Achievement of this certificate will qualify you to operate as a support teacher. It will provide you with the generic “how to teach/coach” skills common to all disciplines together with specific focus on movement literacy. The second part of the course will focus on aquatic teaching including the technical knowledge and practical skills which will allow you to actively support a more senior qualified/licensed aquatic teacher at any level, in the delivery of a pre-prepared session. You will be expected to have an understanding of the aquatic environment and a basic understanding of appropriate corrections to common aquatic faults.

Candidates must be at least 16 years of age at the start of the learning programme

Venue	Address	Dates 2010	Times	Cost
<b>Littledown Leisure Centre</b>	Chaseside, Bournemouth Dorset BH7 7DX	22 <sup>nd</sup> October 23 <sup>rd</sup> October 24 <sup>th</sup> October 5 <sup>th</sup> November 6 <sup>th</sup> November 7 <sup>th</sup> November	16:00-22:00 08:00-17:00 09:00-18:00 16:00-21:00 08:00-16:00 08:00-16:00	£395
<b>Kelly College</b>	Parkwood Road, Tavistock, Devon PL19 0HZ	24 <sup>th</sup> October 25 <sup>th</sup> October 26 <sup>th</sup> October 27 <sup>th</sup> October 28 <sup>th</sup> October	10:00-16:00 09:30-17:30 09:30-17:30 09:30-17:30 09:30-17:30	£395
<b>Keynsham Leisure Centre</b>	Temple Street, Keynsham BS31 1HE	24 <sup>th</sup> to 29 <sup>th</sup> October	09:30-13:00 Sunday 24 <sup>th</sup> 08:30-17:00 All other days	£395
<b>Bath Sports Centre</b> <b>FULL</b>	North Parade Road, Bath BA2 4ET	25 <sup>th</sup> to 29 <sup>th</sup> October	09:00-17:30 Each day	£395
<b>GL1 Leisure Centre</b> <b>FULL</b>	Bruton Way, Gloucester GL1 1DT	25 <sup>th</sup> to 29 <sup>th</sup> October	09:00-18:00 Each day	£395
<b>Warminster Sports Centre</b>	Woodcock Road, Warminster, Wiltshire BA12 9DQ	5 <sup>th</sup> November 6 <sup>th</sup> November 7 <sup>th</sup> November 12 <sup>th</sup> November 13 <sup>th</sup> November 14 <sup>th</sup> November	17:00 – 21:00 09:00 – 17:00 10:00 – 18:00 17:00 – 21:00 09:00 – 17:00 10:00 – 18:00	£395
<b>TO BOOK:</b>				
<ul style="list-style-type: none"> <li>○ Download an application form and course information from <a href="http://www.swimming.org">www.swimming.org</a> Under <b>The IoS</b>, then <b>Events, Courses and Meetings &amp; Minutes</b> and select event type –<b>Course</b>, select region of <b>South West</b></li> <li>○ Contact customer services on 0871 200 0928 or email <a href="mailto:customerservices@swimming.org">customerservices@swimming.org</a></li> </ul>				



For further details please contact your County Swimming Co-ordinator for BaNES, Wiltshire and Swindon  
Katie Hannaford 07717130384 [katie.hannaford@swimming.org](mailto:katie.hannaford@swimming.org)



## ASA / UKCC Level 1 Certificate for Teaching Aquatics Units 1 & 2 continued

Venue	Address	Dates 2010	Times	Cost
<b>Carn Brea Leisure Centre</b>	Station Road, Pool, Redruth Cornwall TR15 3QS	14 <sup>th</sup> November 15 <sup>th</sup> November 16 <sup>th</sup> November 17 <sup>th</sup> November 18 <sup>th</sup> November	10:00-15:00 10:30-16:00 09:00-15:00 09:00-15:00 09:00-15:00	£395
<b>Backwell Leisure Centre</b>	Farleigh Road Backwell, Somerset BS48 3PB	16 <sup>th</sup> November 17 <sup>th</sup> November 23 <sup>rd</sup> November 24 <sup>th</sup> November 25 <sup>th</sup> November	09:00-17:30 Each day	£395
<b>Plymouth Pavilions</b>	Millbay Road, Plymouth, PL1 3LF	28 <sup>th</sup> November 29 <sup>th</sup> November 1 <sup>st</sup> December 4 <sup>th</sup> December 6 <sup>th</sup> December 8 <sup>th</sup> December	10:00-16:00 16:30-21:30 16:30-21:30 08:00-16:00 16:30-21:30 16:30-21:30	£395
<b>GL1 Leisure Centre</b>	Bruton Way, Gloucester GL1 1DT	10 <sup>th</sup> to 12 <sup>th</sup> December 17 <sup>th</sup> to 19 <sup>th</sup> December	09:00-18:00 Each day	£395
<b>Ferndown Leisure Centre</b>	Cherry Grove, Ferndown, Dorset, BH22 9EZ	6 <sup>th</sup> February 11 <sup>th</sup> February 12 <sup>th</sup> February 13 <sup>th</sup> February 18 <sup>th</sup> February 19 <sup>th</sup> February	08:30-18:00 16:00-21:00 09:00-18:00 08:45-18:00 16:00-21:00 09:00-17:00	£395
<b>Kelly College</b>	Parkwood Road, Tavistock, Devon PL19 0HZ	20 <sup>th</sup> to 24 <sup>th</sup> February	09:30-17:30 Each day	£395
<b>Filton Sports Centre</b>	Elm Park, Filton BS34 7PS	21 <sup>st</sup> to 25 <sup>th</sup> February	09:00 –18:00 Each day	£395
<b>GL1 Leisure Centre</b>	Bruton Way, Gloucester GL1 1DT	21 <sup>st</sup> to 25 <sup>th</sup> February	09:00 –18:00 Each day	£395

### TO BOOK:

- Download an application form and course information from [www.swimming.org](http://www.swimming.org) Under **The IoS**, then **Events, Courses and Meetings & Minutes** and select event type –**Course**, select region of **South West**  
Contact customer services on 0871 200 0928 or email [customerservices@swimming.org](mailto:customerservices@swimming.org)

## ASA / UKCC Level 2

### Certificate for Teaching Aquatics Units 1 - 6

If you are interested in teaching within a learn to swim environment utilising the ASA National Plan for Teaching Swimming, this certificate is suitable for you. Achievement of this certificate will qualify you to operate as a teacher. It will provide you with the generic “how to teach/coach” skills common to all disciplines together with a specific focus on Teaching Aquatics, covering a range of technical knowledge and practical skills that will allow you to plan, deliver and evaluate a series of consecutive sessions within the context of a self prepared scheme of work.

Candidates must be at least 17 years of age at the start of the course and must also have at least one of the following:

- ASA Level 1 Certificate for Teaching Aquatics
- ASA Level 1 Certificate for Teaching Swimming post 2002
- ASA Assistant Teacher Certificate (Swimming) post Sept 1994
- STA (Swimming Teachers Association) Certificate post Sept 1994
- Gained exemption prior to enrolment from the ASA

Venue	Address	Dates 2010	Times	Cost
<b>Thomas Hardy Leisure Centre Units 1 – 6 FULL</b>	Coburg Road, Dorchester, Dorset DT1 2HT	22 <sup>nd</sup> to 24 <sup>th</sup> 29 <sup>th</sup> to 31 <sup>st</sup> October 12 <sup>th</sup> to 14 <sup>th</sup> 19 <sup>th</sup> to 21 <sup>st</sup> November	TBC	£680
<b>Filton Sports Centre Units 1 - 6</b>	Elm Park, Filton BS34 7PS	23 <sup>rd</sup> to 31 <sup>st</sup> October	09:00 – 8:00 Each day	£680
Please note that Unit 6 is off course and will be vocationally assessed in your work place, at your club or swim school. If you do not have a work place then a placement can be arranged for you. Assessment is over 4 sessions with the same group of swimmers. The course fee paid includes Unit 6.				
<b>Stratford Park Leisure Centre Units 1 - 6</b>	Stratford Road Stroud, Glous GL5 4AF	7,8,14,15 December 2010 11,12,18,19, 25,26 January 2011	09:00 - 18:00 Each day	£680
Please note that Unit 6 is off course and will be vocationally assessed in your work place, at your club or swim school. If you do not have a work place then a placement can be arranged for you. Assessment is over 4 sessions with the same group of swimmers. The course fee paid includes Unit 6.				
<b>GL1 Leisure Centre Units 1 - 6</b>	Bruton Way, Gloucester GL1 1DT	2011 19 <sup>th</sup> March 20 <sup>th</sup> March 9 <sup>th</sup> April 10 <sup>th</sup> April 11 <sup>th</sup> April 12 <sup>th</sup> April	09:00 –18:00 Each day	£395
Please note that Unit 6 is off course and will be vocationally assessed in your work place, at your club or swim school. If you do not have a work place then a placement can be arranged for you. Assessment is over 4 sessions with the same group of swimmers. The course fee paid includes Unit 6.				
<b>TO BOOK:</b>				
<ul style="list-style-type: none"> <li>○ Download an application form and course information from <a href="http://www.swimming.org">www.swimming.org</a> Under <b>The IoS</b>, then <b>Events, Courses and Meetings &amp; Minutes</b> and select event type –<b>Course</b>, select region of <b>South West</b></li> <li>○ Contact customer services on 0871 200 0928 or email <a href="mailto:customerservices@swimming.org">customerservices@swimming.org</a></li> </ul>				

## ASA/ UKCC Level 1

### Certificate for Coaching Swimming Units 1 & 2

If you are interested in supporting the coaching programme in a competitive swimming environment, this certificate is suitable for you. Achievement of this certificate will qualify you to operate as a support coach. It will provide you with the generic “how to coach” skills common to all disciplines together with specific focus on swimming coaching, technical knowledge and practical skills that will allow you to actively support a more senior qualified /licensed swimming coach at any level in the delivery of a pre-prepared session. You will be expected to have an understanding of the sport and a basic understanding of appropriate corrections to common faults.

Candidates must be at least 16 years of age at the start of the learning programme

Venue	Address	Dates - 2010	Times	Cost
<b>Kelly College Unit 2 only FULL</b> Candidates must have passed ASA/ UKCC Level 1 Unit 1	Parkwood Road, Tavistock, Devon PL19 0HZ	29 <sup>th</sup> October 30 <sup>th</sup> October	09:30-17:30 09:30-16:30	£150

#### TO BOOK:

- Download an application form and course information from [www.swimming.org](http://www.swimming.org) Under **The IoS**, then **Events, Courses and Meetings & Minutes** and select event type –**Course**, select region of **South West**
- Contact customer services on 0871 200 0928 or email [customerservices@swimming.org](mailto:customerservices@swimming.org)

## ASA / UKCC Level 2

### Certificate for Coaching Swimming Units 1 – 6

If you are interested in the coaching programme in a competitive environment, this certificate is suitable for you. Achievement of this certificate will qualify you to operate as a coach. It will provide you with the generic “how to teach/ coach” skills common to all disciplines together with a specific focus on swimming coaching technical knowledge and practical skills that will allow you to plan, deliver and evaluate a series of six consecutive sessions within the context of a macro cycle prepared by a senior/licensed coach.

Candidates must be at least 17 years of age at the start of the course and must also have at least one of the following:

- You should hold the ASA Level 1 Certificate for Coaching Swimming
- Hold the ASA Level 1 Certificate for Teaching Swimming post 2002
- Hold the ASA Assistant Teacher Certificate (Swimming) post Sept 1994
- Have gained exemption prior to enrolment from the ASA

Venue	Address	Dates	Times	Cost
<b>There are no courses on offer at present but please let your County Swimming Co-ordinator know if you are interested in this course</b>				

For further details please contact your County Swimming Co-ordinator for BaNES, Wiltshire and Swindon  
Katie Hannaford 07717130384 [katie.hannaford@swimming.org](mailto:katie.hannaford@swimming.org)

## ASA / UKCC Level 3 Certificate for Coaching Swimming Units 1 – 11

The Level 3 Swimming Coach is the third formally assessed qualification on the Coaching qualifications pathway. This qualification will be delivered as a Programme, which will consist of 11 stand-alone units. Units 1-6 are common units to all of the Aquatic Strands and has a focus on “how to coach” skills. Units 7-11 focus on swimming coaching, technical knowledge and practical skills that will allow the coach to plan, deliver and evaluate a macrocycle of work. The Level 3 coach will be able to manage and lead all areas of the club programme within a Swim21 Club. It will be necessary to liaise closely with your club and agreement by the club is an essential requirement prior to acceptance onto the program.

Candidates must be at least 18 years of age at the start of the course and the following

- Hold the ASA/UKCC Level 2 Coaching Swimming **or** Level 2 Certificate for Teaching (Units 1 - 4) plus CV and Reference
- Coaching experience and references to be sent with application or Club Coach Certificate **or** gained exemption.
- Candidates must hold an ASA Level 2 Teacher/Coach Licence.

**Cost:** £100 registration fee, Units 1 – 10, £125 per unit, Unit 11, £450 (Vocational placement). Funding opportunities may be available, Please contact your Regional Office

Unit	Dates	Venue	Presenter	Time	
8	Technique and Skill Adaptation	14 <sup>th</sup> November 2010	<b>Millfield Swimming Pool</b> Butleigh Road Street Somerset BA16 0YD	Brian McGuinness	9.30am – 5.00pm
9	The Coach and Competition	18 <sup>th</sup> December 2010		Brian McGuinness	9.30am – 5.00pm
10	Planning for Performance	23 <sup>rd</sup> and 24 <sup>th</sup> October		Brian McGuinness	9.30am – 5.00pm

### TO BOOK:

- Download an application form and course information from [www.swimming.org](http://www.swimming.org) Under **The IoS**, then **Events, Courses and Meetings & Minutes** and select event type –**Course**, select region of **South West**
- Contact customer services on 0871 200 0928 or email [customerservices@swimming.org](mailto:customerservices@swimming.org)

We also offer the following courses

**ASA/ UKCC Level 1 Certificate for Coaching Diving Units 1 & 2**

**ASA/ UKCC Level 2 Certificate for Coaching Diving Units 1 to 6**

**ASA/ UKCC Level 1 Certificate for Coaching Synchronised Swimming Units 1 & 2**

**ASA/ UKCC Level 2 Certificate for Coaching Synchronised Swimming Units 1 to 6**

**ASA/ UKCC Level 1 Certificate for Coaching Water Polo Units 1 & 2**

**ASA/ UKCC Level 2 Certificate for Coaching Water Polo Units 1 to 6**

Unfortunately there are not any of the courses on offer at present in the South West but please let your County Swimming Co-ordinator know if you are interested in this course as we often are in the midst of planning one.

## CPD Seminars

Continuing professional development (CPD) is a general term used for options open to an individual to further their own education and can take many forms, from formal seminars to more informal mentoring. CPD seminars are quality assured with each seminar undergoing stringent verification.

CPD	Description	CPD aimed at UKCC Level	Venue	Date & Times	Tutor	Costs	CPD Points
<b>Working with Children with Educational Difficulties</b>	An introduction and overview of commonly seen barriers to learning when teaching children. This presentation explains the conditions, syndromes and disorders and gives strategies for managing the behaviour in a swimming teaching environment. To help non-specialist swimming teachers work with a class containing one or two children with special needs. It is intended to assist teachers to recognise some conditions they may encounter and offers some coping strategies which may enable the teacher to meet the needs of all the children in the class.	1 & 2 Aquatic Teacher & Swimming Coach	<b>Medina Leisure Centre</b> Fairlee Road Newport Isle of Wight	<b>24<sup>th</sup> October 2010</b> 10:30 –14:30	Susie Bamber	IOS Members £30.00 Non Members £35.00	4
<b>Swim Strength - An Introduction to Swim Strength and Conditioning</b>	This first module takes a well-rounded approach to the role of strength work within swimming and explains where gains can be made in race situations for all strokes. The seminar covers the equipment used, training guidelines and how strength work can fit in with the LTAD model.	2 & 3 Swimming Coach	<b>Canford Sports Centre</b> Canford School Wimborne Dorset BH21 3AD	<b>24<sup>th</sup> October 2010</b> 09:30 –12:30	Barry Shillabeer	IOS Members £30.00 Non Members £35.00	3
<b>Swim Strength – Complex Land Training For Swimming</b>	This seminar provides an introduction and background to strength training in swimming and provides an overview of Complex training and how it can be applied. This is useful for all strokes but especially sprinters due to the high force producing nature of the race.	2 & 3 Swimming Coach	<b>Canford Sports Centre</b> Canford School Wimborne Dorset BH21 3AD	<b>24<sup>th</sup> October 2010</b> 13:30 –16:30	Barry Shillabeer	IOS Members £30.00 Non Members £35.00	3

## CPD Seminars continued

CPD	Description	CPD aimed at UKCC Level	Venue	Date & Times	Tutor	Costs	CPD Points
<b>NPTS Competitive Swimming</b>	This CPD is designed to equip swimming teachers with information and ideas, which will facilitate their understanding of competitive swimming. This seminar enables the teacher to deliver NPTS Stages 8, 9 & 10 Competitive Swimming	2 Aquatic Teacher	<b>Kelly College</b> Parkwood Road, Tavistock, Devon PL19 0HZ	<b>13<sup>th</sup> November 2010</b> 12:45 –15:45	Wendy Dalton	IOS Members £30.00 Non Members £35.00	3
<b>Effective Communication and Feedback for Swimming Teaching &amp; Coaching</b>	This seminar aims to provide both swimming teachers and coaches with further skills and tools to communicate their message more fluently and have a significant impact upon the learning taking place in the aquatic environment.	1 & 2 Aquatic Teacher or Swimming Coach	<b>Five Rivers Leisure Centre</b> Hulse Road Salisbury Wiltshire SP1 3NR	<b>13<sup>th</sup> November 2010</b> 14:00 –17:00	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3
<b>Improving Breaststroke</b>	This seminar is designed to give Level 2 Teachers a more in-depth knowledge of the stroke and the latest techniques and ideas for teaching them.	2 Aquatic Teacher	<b>Five Rivers Leisure Centre</b> Hulse Road Salisbury Wiltshire SP1 3NR	<b>14<sup>th</sup> November 2010</b> 09:30 –12:30	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3
<b>Improving Butterfly</b>	This seminar is designed to give Level 2 Teachers a more in-depth knowledge of the stroke and the latest techniques and ideas for teaching them.	2 Aquatic Teacher	<b>Five Rivers Leisure Centre</b> Hulse Road Salisbury Wiltshire SP1 3NR	<b>14<sup>th</sup> November 2010</b> 14:00 –17:00	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3

### TO BOOK:

- Download an application form and course information from [www.swimming.org](http://www.swimming.org) Under **The IoS**, then **Events, Courses and Meetings & Minutes** and select event type –**Course**, select region of **South West**
- Contact customer services on 0871 200 0928 or email [customerservices@swimming.org](mailto:customerservices@swimming.org)

## CPD Seminars continued

CPD	Description	CPD aimed at UKCC Level	Venue	Date & Times	Tutor	Costs	CPD Points
<b>NPTS: Flip n Fun</b>	This will provide you will the technical knowledge to deliver FUNdamental diving skills from the poolside. It covers basic diving positions, dry land practices and key teaching points. It enables you to deliver NPTS Stages 8, 9 & 10 Diving	2 Aquatic Teacher	<b>University of Exeter</b> Heavitree Road, Exeter Devon EX1 2LU	<b>21<sup>st</sup> November 2010</b> 10:00 - 14:15	Russell Sparks	IOS Members £30.00 Non Members £35.00	4
<b>NPTS: Mini Polo</b>	This seminar provides you the skills to deliver mini polo (a basic version of water polo) and enables the teacher to deliver NPTS Stages 8, 9 & 10 Water Polo	1 & 2 Aquatic Teacher	<b>Health Hydro</b> Milton Road, Swindon SN1 5JA	<b>28<sup>th</sup> November 2010</b> 10:00 - 14:00	Mel Sweetman	IOS Members £30.00 Non Members £35.00	4
<b>Introduction To Breaststroke</b>	Covers Breaststroke using the 'BLABT' principle. It looks at all aspects of Breaststroke for the beginner swimmer and gives examples of good teaching points for each technical area.	1 & 2 Aquatic Teacher & Swimming Coach	<b>Ferndown Leisure Centre</b> Cherry Grove, Ferndown, Dorset, BH22 9EZ	<b>5<sup>th</sup> December 2010</b> 09:30 –12:30	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3
<b>Introduction To Backcrawl</b>	Covers Back Crawl using the 'BLABT' principle. It looks at all aspects of Back Crawl for the beginner swimmer and gives examples of good teaching points for each technical area.	1 & 2 Aquatic Teacher & Swimming Coach	<b>Ferndown Leisure Centre</b> Cherry Grove, Ferndown, Dorset, BH22 9EZ	<b>5<sup>th</sup> December 2010</b> 13:30 –16:30	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3
<b>TO BOOK:</b> <ul style="list-style-type: none"> <li>○ Download an application form and course information from <a href="http://www.swimming.org">www.swimming.org</a> Under <b>The IoS</b>, then <b>Events, Courses and Meetings &amp; Minutes</b> and select event type –<b>Course</b>, select region of <b>South West</b></li> <li>○ Contact customer services on 0871 200 0928 or email <a href="mailto:customerservices@swimming.org">customerservices@swimming.org</a></li> </ul>							

## CPD Seminars continued

CPD	Description	CPD aimed at UKCC Level	Venue	Date & Times	Tutor	Costs	CPD Points
<b>NPTS: Fundamentals</b>	This seminar will provide the teacher with an understanding of the basics of LTAD and the use of FUNdamentals and games to deliver FUN and innovative swimming lessons	1 & 2 Aquatic Teacher	<b>Littledown Centre,</b> Chaseside Bournemouth, BH7 7DX	<b>12<sup>th</sup> December 2010</b> 09:30 –13:00	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3.5
<b>Effective Sculling Techniques &amp; Development into the 4 Strokes</b>	Swimming teachers will become aware of how beneficial sculling is to the swimming strokes. If a pupil can scull effectively it can give them a 'feel' of the water and the propulsive phases of the strokes become more effective and efficient.	1 & 2 Aquatic Teacher	<b>Littledown Centre,</b> Chaseside Bournemouth, BH7 7DX	<b>12<sup>th</sup> December 2010</b> 13:30 –16:30	Nigel Aldridge	IOS Members £30.00 Non Members £35.00	3
<b>Introduction To Breaststroke</b>	Covers Breaststroke using the 'BLABT' principle. It looks at all aspects of Breaststroke for the beginner swimmer and gives examples of good teaching points for each technical area.	1 & 2 Aquatic Teacher & Swimming Coach	<b>Stratford Park Leisure Centre</b> Stratford Road Stroud, Glous GL5 4AF	<b>17<sup>th</sup> January</b> 18:30 –21:30	Joy Retter	IOS Members £30.00 Non Members £35.00	3

### TO BOOK:

- o Download an application form and course information from [www.swimming.org](http://www.swimming.org) Under **The IoS**, then **Events, Courses and Meetings & Minutes** and select event type –**Course**, select region of **South West**
- o Contact customer services on 0871 200 0928 or email [customerservices@swimming.org](mailto:customerservices@swimming.org)

## CPD Seminars continued

CPD	Description	CPD aimed at UKCC Level	Venue	Date & Times	Tutor	Costs	CPD Points
<b>Introduction To Butterfly</b>	Covers Butterfly using the 'BLABT' principle. It looks at all aspects of Butterfly for the beginner swimmer and gives examples of good teaching points for each technical area.	1 & 2 Aquatic Teacher & Swimming Coach	<b>Stratford Park Leisure Centre</b> Stratford Road Stroud, Glous GL5 4AF	<b>26<sup>th</sup> February</b> 09:30 –12:30	Joy Retter	IOS Members £30.00 Non Members £35.00	3
<b>Teaching Nervous Adults</b>	This seminar is designed to give an insight into teaching adults and suggest strategies to successfully overcome their fears.	2 Aquatic Teacher	<b>Stratford Park Leisure Centre</b> Stratford Road Stroud, Glous GL5 4AF	<b>26<sup>th</sup> February</b> 13:30 –16:30	Joy Retter	IOS Members £30.00 Non Members £35.00	3
<b>NPTS: Fundamentals</b>	This seminar will provide the teacher with an understanding of the basics of LTAD and the use of FUNdamentals and games to deliver FUN and innovative swimming lessons	2 Aquatic Teacher	<b>Stratford Park Leisure Centre</b> Stratford Road Stroud, Glous GL5 4AF	<b>27<sup>th</sup> March 2011</b> 09:30 –13:30	Joy Retter	IOS Members £30.00 Non Members £35.00	3.5
<b>Effective Communication and Feedback for Swimming Teaching &amp; Coaching</b>	This seminar aims to provide both swimming teachers and coaches with further skills and tools to communicate their message more fluently and have a significant impact upon the learning taking place in the aquatic environment.	1 & 2 Aquatic Teacher or Swimming Coach	<b>Stratford Park Leisure Centre</b> Stratford Road Stroud, Glous GL5 4AF	<b>27<sup>th</sup> March 2011</b> 13:30 –16:30	Joy Retter	IOS Members £30.00 Non Members £35.00	3
<b>TO BOOK:</b> <ul style="list-style-type: none"> <li>○ Download an application form and course information from <a href="http://www.swimming.org">www.swimming.org</a> Under <b>The IoS</b>, then <b>Events, Courses and Meetings &amp; Minutes</b> and select event type –<b>Course</b>, select region of <b>South West</b></li> <li>○ Contact customer services on 0871 200 0928 or email <a href="mailto:customerservices@swimming.org">customerservices@swimming.org</a></li> </ul>							

## Reassessment Dates

Should you be unsuccessful in your course a list of re-sit examination dates have been arranged as listed below.  
Please follow the instructions on your original guidance to arrange your re-sit or for further information see 'to book' below

Date	Start Time	Venue	Address
4 <sup>th</sup> December 2010	13:00	Goldenstones Leisure Centre	Brunswick Street, Yeovil, Somerset BA20 1QZ
7 <sup>th</sup> December 2010	19:00	Lime Kiln leisure Centre	Lime Kiln, Wootton Bassett, Wiltshire SN4 7HG

### TO BOOK:

- Download an application form and course information from [www.swimming.org](http://www.swimming.org) Under **The IoS**, then **Events, Courses and Meetings & Minutes** and select event type –**Course**, select region of **South West**
- Contact customer services on 0871 200 0928 or email [customerservices@swimming.org](mailto:customerservices@swimming.org)